



# PROVIDER ALERT

June 1, 2022

**Alert Summary:** This alert provides information about a new therapeutic modality being added to Intensive Home and Community-Based Services' (IHCBS). Existing information regarding IHCBS is available in the provider manual.

Dear Provider,

A new therapeutic modality is being introduced to Intensive Home and Community-Based Services (IHCBS). The new modality is called Therapeutic Behavioral Services (TBS) and will be implemented on July 1, 2022. Providers are required to go through TBS training prior to providing TBS.

IHCBS programs are provided to children and adolescent members who are experiencing social, emotional and behavioral difficulties and need more intensive services to increase stability across settings and help prevent out-of-home placement. Due to the addition of TBS under the IHCBS umbrella, the following items were updated:

**Level Of Care Guidelines (LOCG):** The LOCG's will be updated to include TBS modality and will be available at [optumidaho.com](http://optumidaho.com) > For Network Providers > Guidelines & Policies > Level of Care Guidelines on July 1, 2022.

**Service Request Form:** Changes have been made to the IHCBS service request form to accommodate the new modality of TBS. We have added a field for a "Service End Date." This form will be posted 30 days in advance and will be available at [optumidaho.com](http://optumidaho.com) > For Network Providers > Forms.

**Provider Manual:** The TBS modality will be added into the provider manual on Jan. 1, 2023, and will include the following content: "Therapeutic Behavioral Services (TBS) is a collaborative, one-to-one behavior modification and cognitive-behavioral therapy intervention for children and youth with serious emotional disturbances. TBS engages the parent/caregiver in helping the child or youth to identify the underlying needs met by maladaptive behaviors and teaches them to successfully meet their needs using more suitable replacement or alternative behaviors."

**Fee schedule:** The corresponding service modifiers will be added into the fee schedule to include the following:

| CPT Code | Mod-ifier | Description  | Unit | MD      | PHD     | Mast-er's Level | APRN or other prescribing NP or PA |
|----------|-----------|--|------|---------|---------|-----------------|------------------------------------|
| H0036    | U5        | Intensive Home and Community Based Service - TBS (1 unit = 15 minutes) | Unit | \$44.89 | \$40.21 | \$36.01         | \$36.01                            |
| H0036    | U5 U1     | Intensive Home and Community Based Service - TBS (1 unit = 15 minutes) | Unit | \$36.01 | \$36.01 | \$0.00          | \$36.01                            |
| H0036    | U5 HO     | Intensive Home and Community Based Service - TBS (1 unit = 15 minutes) | Unit | \$36.01 | \$36.01 | \$36.01         | \$0                                |
| H0036    | U5 HN     | Intensive Home and Community Based Service - TBS (1 unit = 15 minutes) | Unit | \$24.23 | \$24.23 | \$24.23         | \$24.23                            |

If you have any additional questions, please contact your Optum Provider Relations Advocate or contact Optum Idaho at 1-855-202-0983.

Thank you,

The Optum Idaho Team